## **PROFESSIONAL TRAINING COURSE**

# **"Participatory and Emancipatory Approaches for Youth Work"** 24 NOVEMBER - 01 DECEMBER 2024

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# Co-funded by the European Union

## **VIENNA, AUSTRIA**



# PARTNER ORGANIZATIONS



**EMOTIC for Training and Consulting** 



Germany **EPEKA** 





**INNOVA Academy** 



Tunisia YALD



# **EPEKA**

### Austria **Arab Organisation of Diplomacy**



Libya **ALKHAIR** 

# ABOUT THE PROJECT

Youth are the cornerstone of the presence and the future. However, the increased prevalence of various forms of conflict is not only undermining their fullest potential but even hindering their basic participation in civic life. Therefore, youth organisations and their members are required to take action and support the positive transformation of conflicts in order to realize the full and meaningful participation of youth in society. Hence, our training "Participatory and Emancipatory Approaches for Youth Work" for 30 participants from Austria, Germany, France, Libya, Algeria, and Tunisia with the support of ERASMUS+ of the *European Union, aims to train you on how to analyse community issues and design and implement* initiatives to tackle a grassroots problem to achieve positive change. Issues can be environmental, social, civic, political or any other conflictual area that affects your local society. As a participant, you will choose a specific issue to focus on and tackle during this training to design an initiative with other participants from your country and implement this small initiative after the training. The range of possible issues to tackle varies from the environment, inclusion, diversity, education, digitalisation, human rights, gender, integration, equality, solidarity, discrimination, justice, culture, and youth empowerment, to topics such as poverty, employment, social public services, sustainability, politics, and climate change. All these diverse topics can be understood, in the framework of visible and invisible violence. Therefore we choose this framework as a method of finding solutions and developing transformation skills and tools to address these topics in a constructive way to achieve a positive change in the community.

# OBJECTIVES

explore current social conflicts affecting youth from different perspectives;
enforce conflict transformation processes as an empowering tool for youth civic participation;
foster youth social engagement as a tool and an opportunity for social community transformation;
provide innovative and structured ways to positively intervene socially and motivate youngsters to engage locally;
enhance youth workers' understanding of non-violent methods for civic participation and social transformation;
support the youth workers in acquiring skills to improve their civic involvement as agents of change in their societies;
compile a concise training guide that can be further used on the local level;
reinforce synergies between formal education, non-formal training, societal involvement, and social change.



## PROVISIONAL TRAINING COURSE PROGRAM

	Arrival	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	Last
Date Time	<b>24 Nov</b>	<b>25 Nov</b>	<b>26 Nov</b>	<b>27 Nov</b>	<b>28 Nov</b>	<b>29 Nov</b>	<b>30 Nov</b>	01 Dec
10:00 11:30	Arrival to the venue	Welcoming and teambuilding	Solidarity! as a tool against violence! Thinking and doing!	from unwitting violence to witting action	Introduction to Conflict Analysis	Strategic Planning of Initiatives	Actions Planning	Departure from the venue
12:00 13:00		Violence? Understanding violence	Nonviolence and Solidarity in action	Discovering conflict	Learning Conflict Analysis Tools	Designing of Conflict Transformation Initiatives	Actions Presentations	
15:00 16:30		NON-violence? Exploring nonviolence	Building emotional and cognitive awareness about violence and nonviolence	<b>Discovering Peace</b>	Applying Conflict Analysis to own conflict	Monitoring and Evaluation of Conflict Transformation Initiatives	Harvesting Learnings	
17: <b>00</b> 18:15		<b>Country Realities</b>	Communication as a Transformation tool	Open Space for learning and sharing own inputs	Generating Initiatives (Ideation)	Building holistic Initiatives	Leaving our Zones	
18:15 18:30		<b>Reflection time</b>	<b>Reflection time</b>	Mid-Term Evaluation	<b>Reflection time</b>	<b>Reflection time</b>	Closing the journey	
20:00		Intercultural Night	Community Time	<b>Community Time</b>	Community Time	<b>Community Time</b>	Farewell Party	
All								

06:45-08:45 Breakfast 11:30-12:00 Break (JUST Coffee & Tea) 13:00 to 15:00 LUNCH Break 16:30-17:00 Break (JUST Coffee & Tea) 19:00 - 20:00 Dinner Time

# PARTICIPANTS

This training course mobility is open to youth workers between 20 and 35 years old. We are looking for 3 participants from each of the following countries: Austria, Croatia, Greece, Hungary, Italy, Poland, Romania, Spain, and France.

### You can participate if you are:

- Between 20 and 35 years old;
- Able to communicate in English (minimum B1 level);
- Be a citizen or a resident of one of the included countries of the participating organisations;
- Able to fully and actively participate in the whole duration of the activity and in all sessions;
- Motivated to take part in a mutual learning process in a highly intercultural setting;
- **Be curious, appreciate diversity and learn about each other's realities;**
- Ready to support dissemination and visibility activities online and offline.
- Able to implement the follow-up initiative within 10 weeks after participation.



# PRACTICALITIES

All those eligible for participation and interested in this training course should fill in the following application form by the latest 15.Septemebr.2024 in order to be considered for the selection.

Form link is <u>here</u>.

**Project page: https://www.emotic.org/participatory-approaches2024** 

# ONCE SELECTED

**Before the training course:** 

- Check the conditions for travelling to Vienna, Austria and back to your country.
- Purchase and collect all travel tickets after consultation and agreement with the coordinating organization.
- Cooperate with the participants from your country and prepare together for the trip and the mobility.
- Do the preparatory and "homework" tasks in your national group.

**During the training course:** 

- Actively participate in all workshop sessions and the planned activities.
- Take part in the dissemination of the results of the mobility (posts on Social Media, videos, blog posts, etc).
- Deliver all travel documents to the coordinating organization (EMOTiC).

## After the training course:

- Disseminate results, both offline and online (send all the documentation/pictures to the organizers).
- Implement the local follow-up initiative that you designed with the national team during the training.

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# JOURNEY

## **Procedures:**

- 1. Fill in the application form to apply
- 2. Wait for the selection results

## **Once selected**

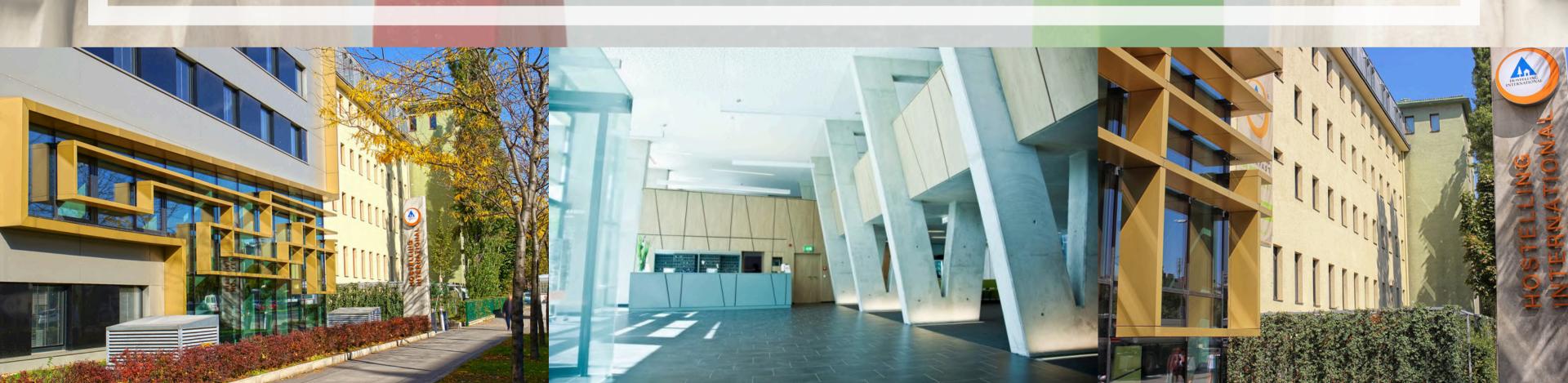
**3.** send us a travel route suggestion including costs, 4. wait for approval/modification of the travel plan, 5. purchase the travel tickets by yourself, 6. travel and participate in the training course, 7. send us all travel documents once back home, 8. implement the local follow-up initiative, 9. receive the refund of your travel tickets. Participants are expected to arrive in Vienna no later than November 24th 2024 and depart no earlier than December 01st 2024.



# VENUE

The mobility will be held at the <u>Jugendgästehaus Wien Brigittenau</u> in Vienna, Austria. Participants are required to arrive from the airport to the venue by themselves and also depart by themselves to the airport. You will be accommodated in rooms with 2 - 4 beds, which you will be sharing with participants of the same gender, however, mixed with participants from other nationalities who are also participating in the training course. All meals will also be provided by us at the same venue.

Address of the Venue: Jugendgästehaus Wien Brigittenau, Adalbert-Stifter-Strasse 73, 1200 Vienna.



# REIMBURSEMENT

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All costs related to the training course, food, accommodation, and other practicalities are covered. We (EMOTIC) are not responsible for any fee that you might have to pay for your sending organisation.

The travel costs will be reimbursed up to the determined limit. Any amounts beyond these limits must be afforded by the participants themselves. Buying tickets is the own responsibility of each participant (with the support of sending organizations, after the approval of the coordinating organisation). To be reimbursed, the participant has to provide all evidence of travel documents such as original train tickets, original boarding passes, original invoices, etc. as well as the evidence of payment (e.g.bank transcript of payment). Before purchasing the tickets you will need to send us potential routes and costs and wait for our confirmation. The implementation of the local follow-up is a must for the travel refund.

If you want to arrive earlier in Vienna, or leave later, and still receive your travel refund, it's possible to arrive max. two days in advance OR leave max. two days after the mobility, or one day before and one day after. Please be informed that participants will have to take care of own costs and expenses on these extra days. The official arrival day is 24 November 2024 and official departure day is 01 December 2024. If you arrive earlier or leave later and the cost of travel on these days is more than the cost on the official days for travel, we will consider only the costs for the travel on the official days, and you should cover the extra different amount.

Other important details for the reimbursement of the travel costs:

- Missing or lost tickets will not be reimbursed;
- Taxi, car, or petrol costs and travel agency fee charging are not reimbursed;
- Boarding passes for all the parts of air travel are essential for reimbursement.

Limits of travel costs:

- Austria O
- Germany 250 €
- France 250€
- Algeria- 360€
- Tunisia 360€
- Libya 360€

We recommend taking only the small personal bag and the cabin bag of 10kg, without check-in luggage.

# PACKING LIST

- Passport/ID card;
- Any needed medicines;
- Insurance (please bring your EHIC card or the equivalent)
- Comfortable walking shoes and clothes for outdoors;
- Towels and Shampoo (*those are not provided by the hostel*);
- Sweets/Cookies from your country;
- Flags, Games, songs, dances, quizzes, and traditions to represent!.



# HOW TO REACH US

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Website: <u>https://www.emotic.org/</u> Facebook: <a href="https://www.facebook.com/emotic.org">https://www.facebook.com/emotic.org</a> Instagram: <u>https://www.instagram.com/emotic\_org/</u>