



Co-funded by
the European Union

PROFESSIONAL TRAINING COURSE

Transformative Mindset for Sustainable Development

9- 16 NOVEMBER 2024 : VIENNA, AUSTRIA
(INCLUDING TRAVEL DAYS FOR INTERNATIONALS)



PARTNER ORGANIZATIONS



Latvia
Ecological Future Education



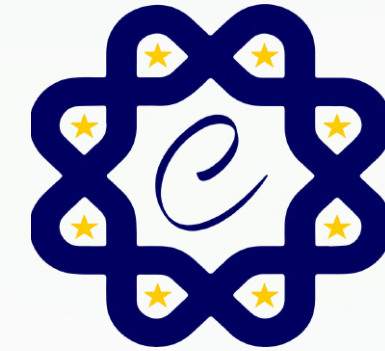
Austria
EMOTiC



Croatia
EAST



Greece
Active Green Solution



France
OEMFCI



Hungary
Szatyor Egyesület



Slovakia
OTI



Czechia
Petrklíč help, z.s.



Serbia
INKLUZIVNI POKRET



Romania
ACDC

ABOUT THE PROJECT

In a world grappling with multifaceted conflicts like climate change, poverty, and inequality, the concept of sustainable development (SD) has become paramount. However, SD has been hindered by the adverse outcomes of rising conflicts which emerge as natural phenomena across various levels—interpersonal, within communities, or between cultural groups. Such adverse outcomes have environmental, social, economic, and global dimensions on SD. They include damaged relationships, heightened violence, and deepened exclusion which leads to acts that affect sustainability such as overfishing, unequal distribution of resources, and causing harm to ecosystems such as biodiversity. This reality is exacerbated by global dynamics, including cultural diversifications and the aftereffects of crises like the COVID-19 pandemic, which have intensified stress, tensions, and social injustices. A striking manifestation of such social dilemmas is the increased risk of deprivation and social exclusion among Europe's youth, with up to 45% in some regions facing barriers to personal fulfilment and active societal participation. This scenario underlines the critical need for effective conflict transformation strategies to mitigate the impacts on vulnerable populations, particularly the youth, and foster sustainable development. To achieve lasting progress, it is imperative to engage communities in shaping and executing initiatives that drive sustainable development. To do so, we need community-driven initiatives and these are best realised through the Conflict Transformation Approach because it informs strategic programming of initiatives that can foster comprehensive sustainable development. Hence, this training aims to equip youth workers with the Conflict Transformation Approach and its elements such as conflict analysis, planning of initiatives, dialogue, design thinking, and negotiation for resolutions.

PROVISIONAL TRAINING COURSE PROGRAM

	Arrival	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	Leaving
Date Time	9 Nov	10 Nov	11 Nov	12 Nov	13 Nov	14 Nov	15 Nov	16 Nov
10:00 11:15	Arrival to the venue	Welcoming and teambuilding	Understanding Conflict Transformation	Theories of Conflict Transformation	Deep Dive into Goals of Sustainable Development	Planning Sustainable Development Projects	Transfer to Local Youth Work and Follow-ups	Departure from the venue
11:30 12:30		Introduction to the Training and Program	Introduction to Conflict Analysis	Skills for Mediating Conflicts	Design Thinking for Sustainable Projects	Sustainability in Practice	Learning outcomes and final journaling	
14:00 15:30		Youthpass & Reflections	Sustainable Development Introduction	Advanced Conflict Transformation Strategies	Immersive Simulation for Sustainable Development through Conflict Transformation	Building holistic Initiatives (A)	Stepping over the home boundary	
16:00 17:15		Country Realities	Connecting Conflict Transformation and Sustainable Development	Reflective Practice in Conflict Transformation		Building holistic Initiatives (B)	Harvesting learning & Evaluation	
17:15 17:45		Reflection time	Reflection time	Mid-Term Evaluation	Reflection time	Reflection time	Closing the journey	
20:00		Community Time	Africa Days Festival	Intercultural Night	Summer Film Festival	Games Night	Farewell Party	
06:45-08:45 Breakfast 11:15-11:30 Break (JUST Coffee & Tea) 12:30 to 14:00 LUNCH Break 15:30-16:00 Break (JUST Coffee & Tea) 18:00 - 19:00 Dinner Time								

PARTICIPANTS

This training course mobility is open to youth workers between 20 and 35 years old. We are looking for 3 participants from each of the following countries: Latvia, Austria, Croatia, Czechia, France, Greece, Hungary, Romania, Serbia, and Slovakia.

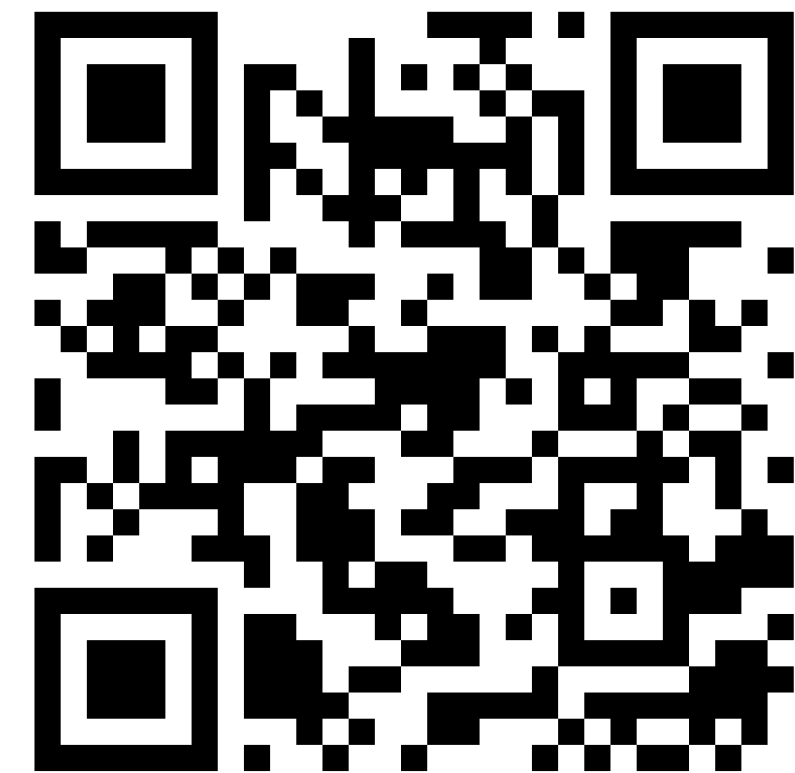


You can participate if you are:

- Between 20 and 35 years old;
- Able to communicate in English (minimum B1 level);
- Be a citizen or a resident of one of the included countries of the participating organisations;
- Able to fully and actively participate in the whole duration of the activity and in all sessions;
- Motivated to take part in a mutual learning process in a highly intercultural setting;
- Be curious, appreciate diversity and learn about each other's realities;
- Ready to support dissemination and visibility activities online and offline.
- **Able to implement the follow-up initiative within 3 weeks after participation.**

PRACTICALITIES

All those eligible for participation and interested in this training course should fill in the following application form by the latest **05.November.2024** in order to be considered for the selection.



Form link is [here](#).

[Project page: https://www.emotic.org/2024-transformative-mindset-sdgs](https://www.emotic.org/2024-transformative-mindset-sdgs)

ONCE SELECTED

Before the training course:

- Check the conditions for travelling to Vienna, Austria and back to your country.
- Purchase and collect all travel tickets after consultation and agreement with the coordinating organization.
- Cooperate with the participants from your country and prepare together for the trip and the mobility.
- Participate in an online onboarding meeting for all participants.
- Do the preparatory and "homework" tasks in your national group.

During the training course:

- Actively participate in all workshop sessions and the planned activities.
- Take part in the dissemination of the results of the mobility (posts on Social Media, videos, blog posts, etc).
- Deliver all travel documents to the hosting organization (EMOTiC) & coordinating organisation (EFE).

After the training course:

- Disseminate results, both offline and online (send all the documentation/pictures to the organizers).
- **Implement the local follow-up initiative that you designed with the national team during the training.**

JOURNEY

Procedures:

1. Fill in the application form to apply
2. Wait for the selection results

Once selected

3. send us a travel route suggestion including costs,
4. wait for approval/modification of the travel plan,
5. purchase the travel tickets by yourself,
6. travel and participate in the training course,
7. send us all travel documents once back home,
8. implement the local follow-up initiative,
9. receive the refund of your travel tickets.

Participants are expected to arrive in Vienna no later than 09 November 2024 and depart no earlier than 16 November 2024.



VENUE

The mobility will be held at the Jugendgästehaus Wien Brigittenau in Vienna, Austria. Participants are required to arrive from the airport to the venue by themselves and also depart by themselves to the airport. You will be accommodated in rooms with 2 – 4 beds, which you will be sharing with participants of the same gender, however, mixed with participants from other nationalities who are also participating in the training course. All meals will also be provided by us at the same venue.

Address of the Venue: Jugendgästehaus Wien Brigittenau, Adalbert-Stifter-Strasse 73, 1200 Vienna.



REIMBURSEMENT

All costs related to the training course, food, accommodation, and other practicalities are covered. We are not responsible for any fee that you might have to pay for your sending organisation.

The travel costs will be reimbursed up to the determined limit. Any amounts beyond these limits must be afforded by the participants themselves. Buying tickets is the own responsibility of each participant (with the support of sending organizations, after the approval of the coordinating organisation). To be reimbursed, the participant has to provide all evidence of travel documents such as original train tickets, original boarding passes, original invoices, etc. as well as the evidence of payment (e.g. bank transcript of payment). Before purchasing the tickets you will need to send us potential routes and costs and wait for our confirmation. The implementation of the local follow-up is a must for the travel refund.

If you want to arrive earlier in Vienna, or leave later, and still receive your travel refund, it's possible to arrive max. two days in advance OR leave max. two days after the mobility, or one day before and one day after. Please be informed that participants will have to take care of own costs and expenses on these extra days. The official arrival day is 09 November 2024 and official departure day is 16 November 2024. If you arrive earlier or leave later and the cost of travel on these days is more than the cost on the official travel days, we will consider only the costs for the travel on the official days, and you should cover the extra difference.

Other important details for the reimbursement of the travel costs:

- Missing or lost tickets will not be reimbursed;
- Taxi, car, or petrol costs and travel agency fee charging are not reimbursed;
- Boarding passes for all the parts of air travel are essential for reimbursement.

Limits of travel costs:

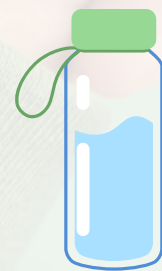
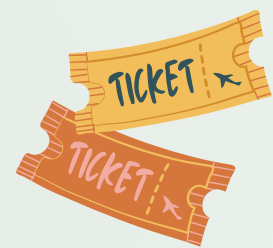
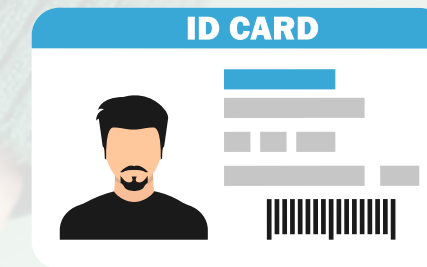
- Austria - 0
- Croatia - 210 € (Bus/Train travel)
- Czechia - 210 € (Bus/Train travel)
- Slovakia - 210 € (Bus/Train travel)
- Hungary - 210€ (Bus/Train travel)
- Serbia - 210€ (Bus/Train travel)
- Latvia - 275 €
- France - 275 €
- Romania - 275 €
- Greece - 275 €

We recommend taking only the small personal bag and the cabin bag of 10kg, without a check-in luggage.



PACKING LIST

- Passport/ID card;
- Any needed medicines;
- Insurance (please bring your EHC card or the equivalent)
- **Towels and Shampoo (*those are not provided by the hostel*);**
- **Your own water bottle and reusable cup/tea/juice cup(s);**
- Sweets/Cookies from your country;
- Flags, Games, songs, dances, quizzes, and traditions to represent.
- Comfortable walking shoes and clothes for outdoors.



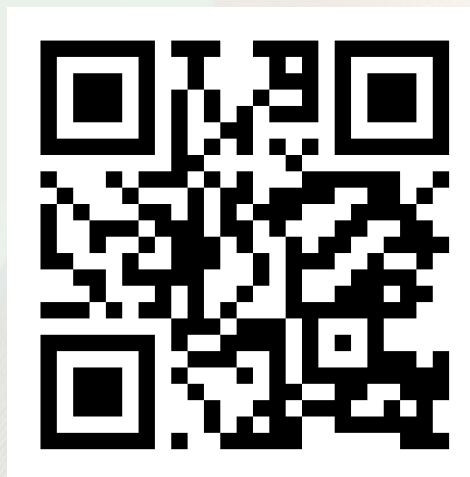
HOW TO REACH US

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